

Art Hive

A Social Skills Art Therapy Group



Is your child struggling with social anxiety?

Led by: Bri Garrold, LCPC, LCPAT, ATR-BC

Art Hive provides a therapeutic space for children and adolescents to engage with peers in both self-directed art making and interaction, as well as group projects and engagement. Group therapy is an effective method to addressing:

- Social anxiety
- Increase healthy and effective communication
- Increase healthy and effective peer interaction
- Address interpersonal effectiveness skills
- Tolerate and manage anxiety

**FEB
8**

Time: 5:00pm-6:00pm

Contact us:

psychiatry@potomacpediatrics.com

Eligibility

- Ages 9-13 years
- Current patient at Potomac Pediatrics
- The full program is 10 weeks. Participants must be able to commit to a minimum of 4 consecutive weeks.