

## Diphenhydramine (Benadryl)

Benadryl is an antihistamine. It relieves itching from hives and other rashes. It helps dry up mucus, and may help relieve coughing from postnasal drip.

### Benadryl Dosing Chart

May give Benadryl dose every **6-12 hours**:

| Weight       | Benadryl Milligram Dosage | Benadryl Liquid 12.5mg/5ml (5ml= 1tsp) | Benadryl Chewable 12.5mg each | Benadryl Tablets 25mg each |
|--------------|---------------------------|--|-------------------------------|----------------------------|
| 12 – 14 lbs  | 5mg                       | 1/3 tsp                                | N/A                           | N/A                        |
| 14 - 19 lbs  | 6.25 mg                   | ½ tsp                                  | N/A                           | N/A                        |
| 20 – 27 lbs  | 9 mg                      | ¾ tsp                                  | N/A                           | N/A                        |
| 28 – 34 lbs  | 12.5 mg                   | 1 tsp                                  | 1 chew                        | N/A                        |
| 35-41 lbs    | 16 mg                     | 1 ¼ tsp                                | 1 chew                        | N/A                        |
| 42 – 48 lbs  | 19 mg                     | 1 ½ tsp                                | 1 ½ chew                      | N/A                        |
| 49 – 54 lbs  | 22 mg                     | 1 1/3 tsp                              | 1 ½ chew                      | N/A                        |
| 55 – 62 lbs  | 25 mg                     | 2 tsp                                  | 2 chew(s)                     | 1 tab                      |
| 63 -69 lbs   | 28 mg                     | 2 ¼ tsp                                | 2 chew(s)                     | 1 tab                      |
| 70 – 81 lbs  | 32 mg                     | 2 ½ tsp                                | 2 ½ chew(s)                   | 1 tab                      |
| 82 – 94 lbs  | 37 mg                     | 3 tsp                                  | 3 chew(s)                     | 1 tab                      |
| 95 – 109 lbs | 43 mg                     | 3 ½ tsp                                | 3 ½ chew(s)                   | 1 tab                      |
| >110 lbs     | 50 mg                     | 4 tsp                                  | 4 chew(s)                     | 2 tabs                     |

*Please remember to keep all medications out of your child's reach AT ALL TIMES.*